

Eric Maisel - Biography

Eric Maisel, Ph.D., is the author of more than thirty books and is widely regarded as America's foremost creativity coach. He has presented nationally and internationally on subjects like personal creativity, creativity coaching, Zen and creativity, and mindfulness practices for the creative person.

HIS BOOKS INCLUDE:

Ten Zen Seconds

Creativity for Life

Everyday You

The Van Gogh Blues

Toxic Criticism

Coaching the Artist Within

Fearless Creating

The Creativity Book

Affirmations for Artists

“Eric Maisel, Ph.D., is the author of more than thirty books and is widely regarded as America's foremost creativity coach.”

Dr. Maisel holds undergraduate degrees in philosophy and psychology, master's degrees in creative writing and counseling, and a doctorate in counseling psychology. He is a California licensed marriage and family therapist, a creativity coach and trainer of creativity coaches, a columnist for Art Calendar Magazine, provides regular segments for Art of the Song Creativity Radio, and teaches Ten Zen Second techniques through lectures, workshops, and teleseminars.