

## Eric Maisel - Biography

Eric Maisel, Ph.D., is the author of more than thirty books and is widely regarded as America's foremost creativity coach. He has presented nationally and internationally on subjects like personal creativity, creativity coaching, Zen and creativity, and mindfulness practices for the creative person.

### HIS BOOKS INCLUDE:

*Ten Zen Seconds*

*Creativity for Life*

*Everyday You*

*The Van Gogh Blues*

*Toxic Criticism*

*Coaching the Artist Within*

*Fearless Creating*

*The Creativity Book*

*Affirmations for Artists*

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Dr. Maisel holds undergraduate degrees in philosophy and psychology, master's degrees in creative writing and counseling, and a doctorate in counseling psychology. He is a California licensed marriage and family therapist, a creativity coach and trainer of creativity coaches, a columnist for Art Calendar Magazine, provides regular segments for Art of the Song Creativity Radio, and teaches Ten Zen Second techniques through lectures, workshops, and teleseminars.